

SHIVERS

Count: 64

Wall: 4

Level: Intermediate

Choreographer: Alison Biggs (UK) & Peter Metelnick (UK) - September 2021

Music: Shivers - Ed Sheeran

Start after 32 count intro on the word 'heart' - approx. 14 secs - 3mins 28secs - 141bpm
no tags or restarts & travels anti-clockwise

[1-8] R SIDE TOE STRUT, L CROSS TOE STRUT, R SIDE, L TOGETHER, R BACK, L SIDE

- 1-4 Touch R toes side, step R heel down, cross touch L toes over R, step L heel down
5-8 Step R side, step L together, step R back, step L side

[9-16] R CROSS STRUT, L SIDE STRUT, CROSS R OVER L, L SIDE, R CROSS BEHIND L, L SIDE

- 1-4 Cross touch R toes over L, step R heel down, touch L toes side, step L heel down
5-8 Cross step R over L, step L side, cross step R behind L, step L side

[17-24] R CROSS ROCK/RECOVER, ¼ R, L HITCH, ¼ L, 3 STEP WEAVE L/R/L, LOW R FLICK TO R DIAGONAL

- 1-4 Cross rock R over L, recover weight on L, turning ¼ right step R forward, turning ¼ right hitch up left knee (3 o'clock)
5-8 Step L to left side, cross step R behind L, step L to left side, low flick right toes towards R diagonal (6 o'clock)

[25-32] R ROCK BACK/RECOVER, STEP R INTO ¾ L SPIRAL, L FWD, R FWD, L FWD, R FWD BRUSH

- 1-4 Rock R back, recover weight on L, step R & with weight on R spiral ¾ left (9 o'clock)
5-8 Step L forward, step R forward, step L forward, brush R forward

[33-40] R JAZZ BOX BRUSH, CROSS L OVER, R SIDE, CROSS L BEHIND, SWEEP R FRONT TO BACK

- 1-4 Cross step R over L, step L back, step R side, brush L forward
5-8 Cross step L over R, step R side, cross step L behind R, sweep R from front to back

[41-48] R BEHIND, L SIDE, CROSS R OVER, L SIDE, R BEHIND, ¼ L, R FWD, ½ L PIVOT TURN

- 1-4 Cross step R behind L, step L side, cross step R over L, step L side
5-8 Cross step R behind L, turning ¼ left step L forward, step R forward, pivot ½ left (12 o'clock)

[49-56] FULL FWD L TURN R/L/R, HOLD, L FWD ROCK/RECOVER, L TO L SIDE, TOUCH R NEXT TO L

- 1-4 Turning ½ left step R back, turning ½ left step L forward, step R forward, hold
Non-turning option: Run forward R/L/R
5-8 Rock L forward, recover weight on R, step L to left side, touch R next to L

[57-64] ¼ R, R FWD, ½ L, L BACK, R BACK, HOLD, L MAMBO STEP, R FWD BRUSH

- 1-4 ¼ R step right forward, ½ right step L back, step R back, HOLD (9 o'clock)
5-8 Step L back, step R in place, step L forward, brush R forward